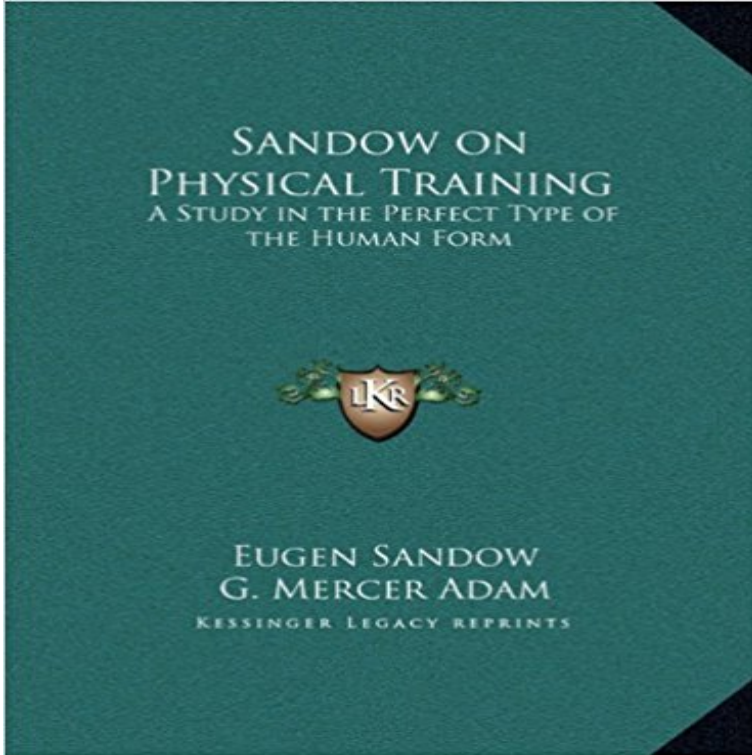


# Sandow on Physical Training: A Study in the Perfect Type of the Human Form



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