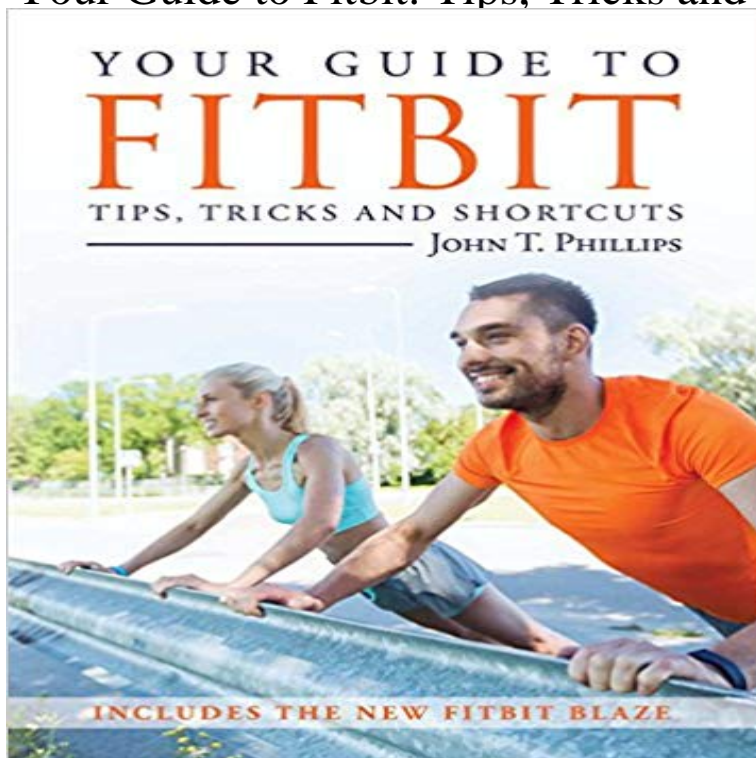


## Your Guide to Fitbit: Tips, Tricks and Shortcuts



The easy way to enjoy your Fitbit! Your Guide to Fitbit helps you get the most out of your Fitbit, including how to: Personalize your Fitbit Set weight loss goals Make the most of your daily routine Track your progress on the smartphone app or Fitbit website Integrate your Fitbit with your social media Features the new Fitbit Blaze smart fitness watch...and more! Along with your new Fitbit, Your Guide to Fitbit is essential to your journey to a healthier, happier lifestyle.

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